

1 Bring coffee for a coworker/friend or bring donuts to work just because.

2 Hold the door open for people behind you all day.

3 Send a book by mail (from Amazon) to a friend or family member to show you are thinking about them.

4 Double up the dinner you are making or buying and bring it to someone who you know is exhausted.

5 Choose to forgive someone.

6

Donate a toy to a holiday toy drive.

7

Buy coffee or breakfast for somebody behind you in the drive thru line.

8

Revive an old friendship by reaching out with a phone call, email or letter.

9

Call a family member just to say "I love you."

10

Smile at every person you see for one whole day.

11 Leave a “have a happy day” note on someone’s windshield.

12 Leave a candy bar or thank you note in your mailbox for your postal worker.

13 Help a family or friend with a chore or errand.

14 Donate food to your local food bank—either purchase food or go through your pantry.

15 Send a card to a grandparent.

16

Let someone go in front of you in line.

17

For one day, pick up three pieces of trash wherever you are.

18

Donate or volunteer for a cause you care about.

19

Live in the moment, and watch how it makes those around you happy.

20

Compliment five people today.

21

Be a friendly driver.

22

Send a friend a text that is sure to make them smile.

23

Put others' needs in front of yours, all day.

24

Smile and laugh all day. Your loved ones will mirror your energy and it will be one memorable Christmas Eve.

25

Remember the reason for the season and thank God for all your blessings.